



THICK-N INSTANT Liquid

THICKENING CONCENTRATE for the management of dysphagia

DIRECTIONS FOR USE



STEP 1: Clean hands thoroughly.



STEP 2: Pump Assembly & Priming directions.



1 PUMP
Each bottle is supplied with a pump in 2 parts - part A and part B. Do not reuse the pump.

2 PUSH
Push part B into part A firmly, making sure the 'v shape' cut end is at the bottom of the pump.

3 TWIST
Turn the handle of the pump anti-clockwise to release the stem - it will pop up.

4 SHAKE
Shake well before inserting pump. Screw the pump onto the bottle clockwise until tight.

5 PRIME
Prime the pump by pressing it down several times until an unbroken stream flows from the nozzle.

6 DOSAGE
Look for the BLACK LINE indicating the pump has fully returned to the top to ensure an accurate dosage.

STEP 3: Dispense Precise Thick-N INSTANT into the beverage according to the usage chart.

IDDSI LEVEL	❄️ COLD		🌊 HOT
	100mL	200mL	75-100mL
LEVEL 2 - MILDLY THICK	1 PUMP	2 PUMPS	1 PUMP
LEVEL 3 - MODERATELY THICK	2 PUMPS	4 PUMPS	2 PUMPS
LEVEL 4 - EXTREMELY THICK	4 PUMPS	8 PUMPS	4 PUMPS
LEVEL 1 - SLIGHTLY THICK	1 PUMP PER 175mL OF WATER		

FOR MILK BASED COLD BEVERAGES:
Allow to stand for 10 minutes, then re-stir before serving.

FOR HOT BEVERAGES:
Ensure the temperature does not exceed 60°C when served, for consumer safety and comfort.

Refer to our website for further mixing instructions.
It is recommended that thickened beverages are consumed within 24 hours.

IMPORTANT: This table is a guide to the amount of Precise Thick-N INSTANT required to thicken drinks to prescribed levels. Consistency requirements should always be determined by a Health Care Professional.

STEP 4: Stir briskly for 30 seconds.

Ready to serve.



Free ONLINE TRAINING is available at <https://elearning.precisethickn.com.au>
On successful completion of training, you will receive a Certificate of Completion.



At the end of the day, gently wipe the pump nozzle with an alcohol wipe. **DO NOT WASH PUMPS. DO NOT REUSE.** Please discard the bottle when it is nearly empty and the pump starts spitting.

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